

Watch the Full interview here: <https://youtu.be/dcjsWAI3irk>

You can book with following link:

https://www.amazon.in/dp/8194606055?ref=myi_title_dp

About Sea-Connect: Sea-Connect is a global platform, made for the welfare of seafarers and connecting them world-wide, with over 68K members.

ABOUT THE AUTHOR

Author of this book "**Capt. Shashank Dube**" is a Passionate Trainer and Mind-Shift Coach, worked with many "Ship Management Companies" and "Multinational Companies". Training and Coaching people in **life-skills** is his passion, and he has been doing it for last 5 years with full dedication.

He believes "**Training is Transformation**". His indomitable persuasive nature inspires and encourages people to realize their entire inner peak potential and ensures positive and everlasting transformation in them.

Shashank is a virtuous self-believer and an optimistic trainer ensuring all his training sessions and coaching workshops are energetic, humorous, result oriented and valuable for end users.

He is an avid reader and has travelled around the globe to over **50 countries** and worked with an extensive range of people. He believes that every person has the same potential of becoming a successful person. However, what sets them apart and determines their future is beyond the reach of their **thoughts** and **ambition**.

He is a Maritime / Corporate Trainer certified by IATD, Mind-Shift Coach certified by ICF International Coach Federation, Certified Neuro-Linguistic Programming Trainer, Certified Emotional Intelligence Trainer, Post-Graduate in Marketing (MBA), Graduate in Nautical Science (B. Sc) and pursuing MA Psychology.

His core belief in life is that:

“We can’t control speed and direction of wind, but we can always control our sails to reach our destination,”.

Shashank Dube, the author of **Miracles of Mind-Shift**, is a virtuous self-believer and always sees the positive side of life. Moreover, this book is a gift of all the life experiences that he learned through his interactions with friends, family, relatives, working professionals, business owners and brilliant students globally.

On his life journey personal and professional, he did many outstanding things, worked out his way from thick and thin of critical life situations. Same time he also committed some silly mistakes. From these life lessons, he got inspiration to write this book. With an aim to make these key lessons available to the maximum number of people. Especially to those who are looking for a change and are willing to redesign their destinies. Those people who may not be part of his friend network today but are looking forward to speeding up their success and take the quantum leap in life.

This book will influence your life in a big way and it describes the topics in very easy language. All chapters are small and independent; to help you read them one by one at your own pace. At the same time suggesting you, time-tested processes and self-evaluation questions.

This book will help you introspect; why do we do, the things we do and why should you do things differently? To take full control of your destiny, making you more Healthy, Wealthy and Successful.

They say one must experience things first before becoming an inspiration for others. - Shashank Dube

‘One must always earn the right to teach’.

Author Shashank Dube’s life journey is a perfect example of this. He went through several lessons throughout his life on both professional and personal level. This is not just a book but also an experience journey of a person who has the growth mindset and honest intention to help millions through his research. By reading this book, you get the 8 magical tools, on how to transform yourself from scratch, up to your goal.

Author Shashank realized one thing that success is nowhere but within. To help people realize this power within, he has come up with an inspiration to write this book.

This book will help you search the answers within you, for following questions;

**Why do WE DO the things WE DO? and
Why should YOU DO things differently?**

Q1. When did you first realize you wanted to be a writer?

It started around two years back; I was Looking up for ways to share my personal experiences with others in order to help them in their life. Secondly, to bring more meaning to the present world.

Q2. How do you select the title for your book?

Miracles: A Miracle is a point of intersection, where your Preparation in life, crosses or meets an Opportunity.

Mind: Mind is the place where we live the most in life;

Shift: is that small degree of change in present, that will create big displacement in future. In short what can I do today, to get the desired results in future.

Q3. What would you say is your interesting writing quirk or unique about this book?

Unique: There is lot of wisdom in Ancient Indian Practices, but information is distorted and heavily mislead. So, the unique feature of this book is blending of Ancient Indian Practices with Modern Day Sciences. And make it more relatable, easy to understand and practical to apply in day-to-day life, for best results.

Q4. As a writer, what would you choose as your mascot or spirit animal?

Horse: For its Endurance, probably the only animal who sleeps in standing position. (Also, Ship's Main Engine Power is also rated as Horse Power), Free Spirit and Movement (we always think of riding a horse and going somewhere).

Owl: Contrary to normal belief, an Owl is a very intelligent bird, with a very good Night Vision (Intuition or Ability to see what others do not see), also for Change or Life Transition. (Owls are also silent fliers).

Q5. What was one of the most surprising things you learned in creating your books?

1st: I don't know where any of this information comes from, somehow you get exactly you are looking for;

2nd: Writing a book is not a fancy, most of the people who think about writing, never finish it, around 90% of book Fails.

Q6. Do you try more to be original or to deliver to readers what they want?

Always be Authentic & Original, as book is your reflection. Connect to readers in your authentic and unique ways.

Q7. Does writing energize or exhaust you?

BOTH actually; I use to write after dinner, from 9 to 11pm. While starting at 9pm it use to be totally exhausting, but upon completion for the day, I use to be fully energized and motivated.

Q8. What inspired you to write this book?

In year June 2016, I was in Canada where I faced Cardiac Health Emergency all by my own. It was a standstill moment of life, as I lost both Health & Wealth in Life.

That is the time when I re-discovered myself, considering what else I can do or become. That time I read Geeta whole heartedly and came up with two main learnings – 1st Wrong thinking is the only problem in life, and 2nd Mind is the ultimate friend & worst enemy / This was the Mind-Shift Moment for me, and my learnings are the part of this book.

Q9. How long does it take you to write a book?

As I mentioned earlier that initial research started 2 years back, but then putting it all together in one place, took almost 6 months to complete.

Q10. Do you believe in writer's block?

I Don't Believe in Writer's Block, But... as an author you will have to fight your FEARS & DOUBTS. Fear is Virtual, It's all in the MIND, but it is capable of blocking you. So remember that ACTION will cure fear. Therefore, I choose to write, whenever I had some free time.

Q11. Do you have any suggestions to help me become a better writer? If so, what are they?

1st Step; Go from Dump Yard to Highway... Bring it out on paper, whatever it is there on offer and then align it like milestone on a highway.

2nd Step; Be highly creative and very-very flexible in your approach.

3rd Step; Consistency is the key, so write every-day, Even if it's only a single paragraph.

Q12. Whom would you recommend this book too?

Any person, who is looking to take charge of his life and re-define his life in a different and better way, to achieve overall success in life.

Q13. What message you would like to pass to your viewers and readers?

Have an Attitude, that say's "Never Say DIE", Please remember that any Failure is only a feedback, and finally remember and adopt the mascot animals Vision-OWL, Endurance-HORSE.

Q14. Where can the book be purchased from?

BOOK is available on Amazon.in; in both Paperback and Kindle version.

You can book with following LINK:

https://www.amazon.in/dp/8194606055?ref=myi_title_dp

Q15. Are you working on anything at present you would like to share with your readers about?

I personally believe that all learnings must be converted into a skill and for that purpose, I will be coming up with e-learning and online training programs, that can be accessed globally from the comfort of your home.

Coming On: www.shashankdube.com ;

1. Mind-Shift Blueprint, 2. Heart-Shift Excellence and 3. Power of Leader-Shift.